

Family Lives Summer Term Programme 2024

Bringing Up Confident ADHD/ASD Children (6 weeks) Online group

New dates to be confirmed

A programme to help parents gain a comprehensive understanding of ADHD/ASD and learn strategies to improve life at home and at school

Sorting Out Family Arguments (6 weeks) Online group

Thursday 23rd May to 4th July, 7.00 pm - 9.00 pm

A programme aimed at helping sort out arguments between parents and their children and between brothers and sisters

Less Shouting, More Cooperation (6 weeks) Online group

Monday 3rd June to 8th July, 9.30 am to 11.30 am

A programme to help parents be more effective at getting their children to cooperate and listen to them

Getting on with Your Pre Teen/Teenager (6 weeks) Online group

Tuesday 4th June to 9th July, 7.00 pm - 9.00 pm

A course to help parents understand and get on better with their teenage children. Maybe there is an FFA/CIN/CP in place and need more support.

Anxiety around ADHD Online Workshop

Friday 28th June 2024, 9.30 am - 11.30 am

Reducing Conflict Online Workshop

Thursday 11th July, 7.00 pm - 9.00 pm

For more information, please contact Louise on **0204 522 8700/8701**, or email **services@familylives.org.uk**. Please scan our QR code for our referral form.



Scan Me!