

Dear Parent/Carers,

In this DSPL8 Parent/Carers Newsletter please find the following: Dacorum Parent/Carers Courses and Support newsletter:

Kind Regards,

<u>Courses & Support</u>	<u>Booking Link/Website</u>
Girls Empowerment Session	Danny.taber@dacorum.gov.uk
Everyone Active Loves to Move	01442 507 100
Hertfordshire SEND News	SEND news - 30 September 2024 (hertfordshire.gov.uk)
Talking ASD and ADHD Workshops	
DSPL Parent Carer Support Groups	Dspl8.eventbrite.co.uk
ADD Vance Support Groups	Add-vance.eventbrite.com
Hemel Hempstead Understand my Autism face to face group starting after Oct Half term.	Applications are by completing the form on our website: https://www.add-vance.org/children-young-people/understanding-my-autism/
Children's Well being Practitioners Online workshops	https://www.eventbrite.co.uk/o/hct-childrens-wellbeing-practitioners-33494371787
NESSIE—parenting support online and webinars—focus on those struggling to attend school	Course link and Hertfordshire Offer
ADHD and Autism Workshops for Young people (7-16 year olds)	Link to all the providers in Hertfordshire Courses starting soon
Parenting Courses	Supporting Links



Save the date



Delivering Special
Provision Locally

Dacorum Families SEND Information Fayre

SAVE THE DATE

DSPL8 are pleased to announce we will be hosting another
Dacorum Families SEND Information Fayre!

Tuesday 3rd December 2024

9.30am-12pm

At the Chaulden Community Centre,
Long Chaulden, Hemel Hempstead

HP1 2HX

The Information Fayres will include local provider information stands, activities for children & refreshments!

Please save the date and we will provide more information and booking details soon.

If you would like to be added to our mailing list, to be notified directly when bookings open, please email dspl@kls.herts.sch.uk



Girls Empowerment Sessions

Girls Empowerment Sessions

@ The Adventure Playgrounds

8 - 15 yr olds

Workshops covering:

- Body image
- How fitness affects mental health
- Effects of social media
 - What is bullying
- Wellbeing strategies
- Sports & Activities

girl power



To book your free place: danny.taber@dacorum.gov.uk

ADEYFIELD
 28 OCT
 17 FEB
 6:30PM - 8:30PM

CHAULDEN
 7 & 21 OCT
 4 & 18 NOV
 2 DEC
 6:30PM - 8:30PM

BENNETTS END
 9 & 23 OCT
 6 & 20 NOV
 4 DEC
 6:30PM - 8:30PM



Love to Move Sessions

Aimed at young people (12+) with learning disabilities

for
no**EVERYONE***with learning disabilities***LOVES TO MOVE*****Do you have a special power?***If you love to move, like music and
have fun?**This session is for You!**Come along! Meet new friends and
have great time while improving your
coordination, balance and cognitive
functions.**Monday 17.45 – 18.45****You don't need to be a member!!!****Cost from £6 per session**Book online, via App
or call 01442 507 100**Berkhamsted Leisure Centre**
Langley Meadow, Douglas Gardens, HP4 3QQ
01442 507 100**everyone**
ACTIVEwel-
come to
come
along
taster
need to
book.Website: www.dacorumdspl.org.ukEmail: dspl@kls.herts.sch.ukEventbrite: <https://dspl8.eventbrite.co.uk/>Facebook: www.facebook.com/dspldacorumInstagram: https://www.instagram.com/dspl_dacorum/