

SOUTH HILL PRIMARY SCHOOL

WINTER 2024

WEEK 1

02/09, 23/09, 14/10, 11/11, 02/12

Option 1

Chicken Curry with Rice

Tuesday.

Meatball Sub with Potato Wedges

Wednesday.

Roast Pork with Roast Potatoes and Gravy

Thursday.

Beef Pie with New Potatoes

Friday.

Fish Fingers with Chips and Tomato Ketchup

Option 2 v

Vegetarian

Macaroni Cheese v

Quorn Dippers with Potato Wedges (Ve) v

Roast Quorn with Roast Potatoes and Gravy v

Vegetarian Sausage Roll with New Potatoes (Ve) v

Cheese and Tomato Pizza with Chips and Tomato Ketchup v

Option 3

Pasta with Tomato Sauce (Ve)

Jacket Potato with a Choice of Fillings

Pasta with Tomato Sauce and Grated Cheese

Jacket Potato with a Choice of Fillings

Pasta with Tomato Sauce (Ve)

Vegetables

Sweetcorn Peas

Carrots Green Beans

Broccoli Sweetcorn

Carrots Green Beans

Baked Beans Garden Peas

Dessert

Jam Tart (Ve) and Custard

Apple Crumble (Ve) and Custard

Oaty Bake (Ve)

Chocolate Cookie with Apple Slices (Ve)

Sprinkle Iced Sponge

WEEK 2

09/09, 30/09, 21/10, 18/11, 09/12

Option 1

Sticky Chicken with Rice

Tuesday.

Beef Bolognese with Pasta

Wednesday.

Sausages with Mashed Potato and Gravy

Thursday.

Breaded Chicken Strips with Potato Wedges

Friday.

Breaded Fish with Chips and Tomato Ketchup

Option 2 v

Vegetarian

Veggie Cottage Pie v

Veggie Bolognese with Pasta (Ve) v

Quorn Sausages (Ve) with Mashed Potato and Gravy v

Cheese and Tomato Turnover with Potato Wedges v

Cheese and Tomato Pizza with Chips and Tomato Ketchup v

Option 3

Pesto Pasta (Ve)

Jacket Potato with a Choice of Fillings

Pasta with Tomato Sauce and Grated Cheese

Jacket Potato with a Choice of Fillings

Pasta with Tomato Sauce (Ve)

Vegetables

Carrots Green Beans

Peas Sweetcorn

Green Beans Carrots

Sweetcorn Broccoli

Baked Beans Garden Peas

Dessert

Vanilla Custard Shortbread with Raisins (Ve)

Jaffa Cake Pudding (Ve) with Chocolate Sauce

Chocolate Mousse

Apple Pie (Ve) and Custard

Rice Pudding with Jam Sauce

WEEK 3

16/09, 07/10, 04/11, 25/11, 16/12

Option 1

BBQ Chicken with Rice and Tortilla Chips

Tuesday.

Chicken Pasta Bake

Wednesday.

Roast Chicken with Roast Potatoes and Gravy

Thursday.

Beef Burger with Potato Wedges

Friday.

Fish Fingers or Salmon Fingers with Chips and Tomato Ketchup

Option 2 v

Vegetarian

Bean Chilli with Rice and Tortilla Chips (Ve) v

Vegetable Lasagne v

Broccoli Cheese Bake with Roast Potatoes v

Quorn Hot Dog with Potato Wedges (Ve) v

Cheese and Tomato Pizza with Chips and Tomato Ketchup v

Option 3

Pasta with Tomato Sauce and Grated Cheese

Jacket Potato with a Choice of Fillings

Pasta with Tomato Sauce (Ve)

Jacket Potato with a Choice of Fillings

Pasta with Tomato Sauce (Ve)

Vegetables

Carrots Sweetcorn

Peas Cauliflower

Steamed Cabbage Carrots

Carrots Green Beans

Baked Beans Garden Peas

Dessert

Flapjack (Ve)

Strawberry and Mandarin Jelly (Ve)

Rice Krispie Cake (Ve)

Apple Whirl (Ve) and Custard

Chocolate Brownie

radish
IT'S ALL GOOD

FRESHLY BAKED BREAD, SALAD BAR, FRESH FRUIT, JELLY AND HERBY'S BISCUIT AVAILABLE DAILY

WE ALWAYS MEET THE GOVERNMENT FOOD BASED STANDARD FOR SCHOOL LUNCHES. ALL OF OUR MEALS ARE FRESHLY PREPARED ON SITE BY OUR TEAM TO ENSURE THERE ARE NO UNDESIRABLE ADDITIVES. MANY OF OUR DISHES CONTAIN HIDDEN VEGETABLES TO INCREASE VEGETABLE INTAKE. WE ARE CONTINUOUSLY WORKING TO REDUCE THE AMOUNT OF REFINED SUGAR IN OUR MENUS.

THIS MENU SUPPORTS:

